



MARCH 2026

GLEN ROCK

Elementary/Pre-K Lunch



POMPTONIAN
FOOD SERVICE

MONDAYS

SunButter & Jelly Sandwich w/ Pretzels & String Cheese

Paris Café: Assorted Cheeses w/ Sweet Grapes & a Baguette Slice or Mini Croissant

Grilled Chicken Caesar Salad w/ a Dinner Roll

TUESDAYS

Boar's Head Turkey BLT Roll-Ups

Grab 'n Go Yogurt Box: Yogurt w/ String Cheese, Pretzels & Fruit

Healthy Hummus Meal w/ Pita Triangles & Pretzels

WEDNESDAYS

Wild West: Boar's Head Ham w/ Cheese on a Whole Grain Wrap

Peach Yogurt Parfait w/ Granola

Grilled Chicken Cobb Salad w/ a Dinner Roll

THURSDAYS

Grilled Chicken Caesar Wrap

Bagel Lunch: White or Whole Grain Bagel w/ Cream Cheese, Fruit & Vegetable

Chicken Chopped Salad w/ Ranch Dressing & a Roll

FRIDAYS

Boar's Head Italian Sub

Cereal Lunch w/ a Low-Fat Cheese Stick, Yogurt & Fruit

Chicken Salad Bento Box w/ Grapes & Pita Bread

	2	3	4	5	6
Potato & Cheese Pierogi w/ Hot Dog Bites	Homemade Tomato Soup w/ a Grilled Cheese Sandwich	Mini Waffles w/ a side Local Blueberry Parfait	BBQ Pulled Chicken on a Kaiser Roll w/ French Fries & Local Corn & Edamame Salad	 Organic Meatloaf w/ Roasted Organic Red Potatoes & Sweet Carrots.	
Pizzeria Pizza	Pizzeria Pizza	Pizzeria Pizza	Pizzeria Pizza	Pizzeria Pizza	
Chicken Fillet Parmesan w/ French Fries Double Hot	Pancakes w/ an Egg Patty Double Hot	Appetizer Sampler Double Hot	BBQ Rib on a Bun w/ Mixed Veggies Double Hot	Chicken Cordon Bleu on a Brioche Bun Double Hot	
9	10	11	12	13	
EARLY DISMISSAL NO LUNCH	Homemade All-Natural Chicken Soup w/ a Chicken Fillet Sandwich	Cheese Ravioli in Marinara Sauce	Lasagna Roll Ups w/ Marinara Sauce & Mixed Veggies	 Organic Grilled Cheese Sandwich w/ Sweet Potato Wedges	
	Pizzeria Pizza	Pizzeria Pizza	Pizzeria Pizza	Pizzeria Pizza	
	Stuffed Crust Pizza Double Hot	Boneless Chicken Wings w/ Mashed Potatoes Double Hot	Chicken Tenders & Fries Double Hot	Chicken Nuggets w/ Mashed Potatoes Double Hot	
16	17	18	19	20	
BBQ Pulled Pork on a Kaiser Roll w/ Fries	Cheeseburger w/ Tater Tots	Sabrett All Beef Hot Dog on a Bun w/French fries	 Organic Grilled Cheese Sandwich w/ Homemade Organic Chicken & Rice Soup	 Baked Organic Mac & Cheese: Organic Pasta, Organic Cheddar Cheese & Organic Milk	
Pizzeria Pizza	Beef Burger w/ Tater Tots	Pizzeria Pizza	Pizzeria Pizza	Pizzeria Pizza	
French Toast Sticks w/ a Sausage Patty Double Hot	Vegan Impossible Burger w/ Tater Tots	Teriyaki Chicken w/ Asian Vegetables over Brown Rice Double Hot	Popcorn Chicken Bowl Double Hot	Baked Mozzarella Sticks w/ Marinara Sauce and Sweet Corn Double Hot	
	Pizzeria Pizza				
	Stuffed Shells in Pink Sauce w/ Garlic Bread Double Hot				
23	24	25	26	27	
Homemade Macaroni & Cheese w/ Italian Bread	French Bread Pizza	Boneless Chicken Wings w/ BBQ Sauce & French Fries	 Organic Beef Burger on a Brioche Bun w/ Baked Seasoned Potato Wedges	BBQ Beef Rib w/ Mashed Potatoes	
Pizzeria Pizza	Pizzeria Pizza	Pizzeria Pizza	Pizzeria Pizza	Pizzeria Pizza	
Popcorn Chicken w/ Mashed Potatoes & a Dinner Roll Double Hot	Chicken Tenders w/ Roasted Veggies Double Hot	Beef Nachos w/ Scoops Double Hot	Chicken Teriyaki Bowl w/ a Fortune Cookie Double Hot	Pasta & Meatballs w/ a Dinner Roll Double Hot	

Go to
<https://glenrock.pomptonianmenus.com/order>
to place an order by credit card.



Fruits & vegetables from
The Farm Stand are
included with lunch.

**FOOD
ALLERGIES**

Allergy-Aware menus are available for students with food allergies.
For more information contact your Food Service Director or see
our Food Allergy Best Practices at www.pomptonian.com.

Traditional Lunch - \$5.15 per meal
Double Hot Traditional Meal - \$6.75
Boar's Head Deli & Featured Favorite Lunches - \$5.90 (Double Hot not available)
Premium Lunch - \$6.15 (Double Hot not available)
 Organic Lunch - \$7.40 (Double Hot not available)
2-Slice Pizza Meal - \$6.50

Upgrade your Milk Selection!

Add an Organic Milk or Organic Chocolate Milk to your order
for \$3.00 found in the BEVERAGE OR SNACK menu

A Complete Meal Includes:

Entrée w/ Protein/Grain

A Trip to The Farm Stand

Low-Fat Flavored Milk, Skim Milk, 1% Milk,
or 4 oz. Pure Fruit Juice

Any questions, call Food Service Director
at 201 445-7700 ext. 8965

Menu Subject to Change

Everything on this Menu is baked not Fried

*Your comments are important to us. Please email us at
comments@pomptonian.com*